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Soccer mindset academy

We are excited to bring in Football Mindset Academy as the newest member of the Preferred Supplier Program, said Liam O'Connell, USL Sr. Director of Youth Development. As we continue to build our USL Academy platform, and as our clubs in the League, League One and League Two form affiliate relationships with their local youth clubs, a great emphasis will be placed on creating a holistic player development experience within these routes. Developing the right mindset and mental skills at a young age, especially in finding ways to overcome adversity, is vital for players to reach the professional ranks of the game. Having partners like Soccer Mindset Academy design tools to help their players with this particular area of their development will be a huge advantage to provide to our clubs. SMA is really proud to add the USL to our community of future partners, organizations that understand the importance of mental skills training for players and their coaches, said Yal Bekar, CEO of Soccer Mindset Academy. The USL, along with partners such as the U.S. Youth Soccer Olympic Development Program and United Soccer Coaches, shares our mission to help young players realize their potential both on and off the field. We are thrilled that the theme of mindset for young players is shared with such a large number of dedicated people. We are also extremely excited to launch the USL Mindset Challenge in February 2020. This challenge is across the USL and aims to engage all new USL players in a fun contest with a big prize and huge benefits in terms of their development, mental well-being and performance. Through the Preferred Suppliers Program, USL connects suppliers with new franchise owners and existing USL clubs in order to provide the best possible experience for fans across North America. The preferred suppliers are Best in Class companies that provide services and products to professional franchise manufacturers and stadium developers and must meet the strict quality standards of USL. The USL is currently in discussions with suppliers supporting the development of the stadium, as well as the construction of offices and businesses in front of the group. For more information about the USL Preferred Vendor Program, contact Josh Keller at Josh.Keller@uslsoccer.com. For more information about Soccer Mindset Academy, please contact yal@soccermindsetacademy.com and visit www.soccermindsetacademy.com. Open the Mac App Store to buy and download Soccer Mindset Academy offers the most effective online mindset and performance training in the world for young football players of all ages 10 and over. It's just like having a professional mindset coach in your pocket! Boost your mental performance on and off the pitch Mindset skills are fundamental to top performance. Accessible, cutting-edge and highly motivated, our challenges help players who are serious about success acquire the knowledge, tools and techniques used by world-class football players every day to build one by one and a healthy culture of maximum performance. Think like a champion, play like a professional!Each program, workout and work is designed to support you to create positive life habits that will improve each of the key elements of a top performance mindset. Learn a new mental performance ability in just 5-10 minutes a day at Soccer Mindset Academy we believe that learning should be a challenge not a chore, and that real learning is all about doing. Each daily workout combines a powerful sound or video together with a simple, effective task, and can be completed in as little as 5-10 minutes a day as many times as you want. You can even win trophies as you go!-----Start your journey with the 10-day Soccer Mindset ChallengeStart creating a maximum performance mentality with 10 days of bite-sized exercises developed to help you achieve your goals and ambitions. Your daily 5-10 minute workouts include bite-sized videos, thought-provoking quizzes and powerful sound exercises so you can build positive new habits, boost your confidence and sharpen your performance and mental strength for the go.-----In mastering your skills in the 60-day Football Mindset Mastery challengeSoccer Mindset Mastery offers a 60-day experience designed to help you achieve a life-leading performance in just 5-10 minutes a day every day. If you aim to play football for a college or professional team, or win a scholarship, Soccer Mindset Mastery offers the extra performance advantage needed to succeed at the next level of your football journey. What's included: • Access to 60 days of mindset training covering 11 basic professional mental skills. • Instant access to new additions to the app, including exclusive new content• A fantastic addition to your resume for football and beyond----- You'll need an existing Soccer Mindset Academy account to use this app. Jul 23, 2020 Version 1.0.119 1. Daily workout error notification fixed2. Small UI updates I wish there was an option to try the application without having to submit a credit card. The developer, Soccer Mindset Academy Ltd, has not provided details about privacy practices and data handling at Apple. For more information, see the developer's privacy policy. The developer should provide privacy details when submitting the next update to their app. App Privacy Policy Support Soccer Mindset Academy mental skills training for top performance and mental well-being for your football players aged 10 years and older. The app and mobile platform are designed to allow players to learn mental skills and psychological tools in a 5-10-minute-a-day theme. This promotes positive habit formation and mental well-being, as well as quality communication between coaches, parents and players to enable better performance of results for young players. Football Mindset Academy believes in protecting the game one mind at a time, helping young football players realize their in and out of the stadium. Its goal is to help 1,000,000 players realize their potential by 2021. One of the advantages of using the AppBoss solution is that it is currently the only native mobile application solution that synchronizes data with websites powered by LearnDash in real time. This means that both the mobile app and the website receive their data from the same database. So they're always in sync. Using the AppBoss solution allowed us to enable real-time data synchronization between the website and the App. The AppBoss solution also comes with the built-in push notification function, which we were able to expand to create custom specific push notifications that were unique to the project. Science Supported Sports Psychologist ApprovedAchieve Peak Performance & Mindset Mastery in just 10 minutes day Watch Video Build a Top Performance Mindset in less than 10 minutes a day with easy bite-sized videos, sounds, games and activities that... BUILD NEW HABILITATS OVER-THE-TOP DISAPPOINTMENT KNOW SUPPORT OF BUY CONFIDENCE AID *Available now in the Apple App and Google Play stores Use our challenges to learn to harness your mental skills. Professional players think effectively, motivate themselves, feel confident, leave negative emotions, work to achieve their goals and use the Zone to perform at their best. Explore your own mindset and find out why it matters, on and off the field. Discover... What a maximum performance mentality looks like When mental skills fit into the four areas of football success 5 player characteristics of a maximum performance mentality 10 basic mindset skills you need to succeed your Master Mental Skills and perform at your peak. Learn... The 10 basic mindset skills that make up the Mindform MVP method™ How the use of mental skills is a recipe for success in football and in life The same tools and techniques used by professional players How to think like a champion and play like a pro Not only are players benefiting from our highly accessible mental skills training... 24 Hours a Day, 7 Days a Week Online Access Anytime, Anywhere Improved Chance of Making it to College or Professional Stage Completion Certificates for Your Resume Reduce Your Stress and Anxiety Deal More Easily Overcome Frustrations Faster Create Positive New Habits Boost Your Focus and Confidence Optimize Your Performance – On and Off the Field! See the you reconnect with their love of the game Watch them better overcome adversity and handle frustration Watch them be less themselves Watch their anxiety and stress levels decrease Watch them become more confident and focused Improves their chances of going to college or professional stage Full parents guide so you can follow together Certificates of Completion on their resume Easy access added value for Subscriptions Ready made mental training skills Special coach access and available for all improves mental materials well to be and retention among players more confident, focused players inside and outside the stadium Stress and Anxiety, reconnecting players with their love of the game Enhances confidence, focus and mental resilience Zero impact on the busy coach program Super flexible partnership options with the Soccer Mindset Academy rollout plan provides some of the clearest and most relevant content in mentality and mental performance I've seen. Most coaches and players agree on the importance of the mental side of the game and that they don't work on it enough. The SMA provides these coaches and players, as well as parents, with the training tools they need. Director of Coaching, United Soccer Coaches Football Mindset is a tool that empowers a player to access practical exercises to enhance their ownership of their personal performance on a systematic platform. This tool can have a profound impact on a player's performance. Programming Manager, Black Watch Premiere Soccer Mindset Academy is a highly effective training tool for any coach out there who is looking to gain easy to understand and practical help to use specific Sports Psychology concepts with his own team there. I would even recommend to the parents of the players and the football players themselves. Football Mindset Academy has my highest support. SMA reshapes football coaching thinking by providing engaging, meaningful, practical exercises to enhance each player's personal mental performance and production. Former President, United Soccer Coaches I was so intrigued I committed my college team to participate in the 60-day program starting in the preseason. It was a huge success. My 12-year-old son, a DA player, is also loving this. SMA helps me find ways to be more confident and prepared for certain game situations. It made me realize the importance of emotional stability and goal setting. I love SMA so far! He has taught me so many different things about the game that will help me on and off the field. Like how to stay motivated, how to prepare for a game, how to use my imagination during the game and way more. To protect and grow the game. One Mind at a Time Our mission is to help 1,000,000 football players realize their potential on and off the field from the 2022 FIFA Qatar World Cup™ So we use sports psychology and science to address the fourth pillar of player development: the psychological/psycho-social pillar, which directly affects player development, confidence, resilience and interactions with others so that players can perform best in high pressure situations. Approved by a number of U.S. soccer organizations, including United Football Coaches, USA Youth Soccer, United Soccer League, USA Club Soccer, MYSA, GotSoccer and the Irish FA, we are passionate about helping players, parents and coaches from the base at elite clubs to provide their players with the mental skills they need to realize their potential and shine in and out of the stadium. Field. Field.

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